

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lizelle Graaff

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:20:46

PACE 17:34/km

OVERALL 157 of 166

GENDER 83 of 88

40 - 49 18 of 18

23 June 2019, Sun

Date



BoulTime

Signature